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NEWS RELEASE

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Fjordland and Serengeti Identify Six Priority IP Targets for Follow-Up on their QUEST, BC Project

Vancouver, BC, September 24, 2008 — **Fjordland Exploration Inc. (TSX-V: FEX)** and its 50%-50% joint venture partner, **Serengeti Resources Inc. (TSX-V: SIR)**, report that they have selected six priority target properties (Q, ST, MP, Copper, Ping and Mil) from their recently completed 110-line kilometer reconnaissance induced polarization (IP) surveys under their QUEST project for follow-up work. The IP surveys were conducted over nine selected target properties, based on a thorough review of the results of airborne magnetic surveys completed by the Joint Venture during 2007-2008 and of airborne electromagnetic and gravity surveys completed by Geoscience BC during 2007. The target properties lie within the QUEST JV project, that currently comprise 27 copper-gold properties totaling 144,000 hectares, lying between Quesnel and Fort St. James.

Tom Schroeter, President & CEO of Fjordland, comments "We are very pleased to have identified six high-quality induced polarization anomalies with chargeability highs indicating the possible presence of sulphides on these six properties within our QUEST project area. Our systematic approach to exploring this vastly under-explored portion of the Quesnel Trough is moving us one step closer to selecting drill targets to test for buried porphyry copper-gold deposits. The significant mine expansions at Taseko Mines' Gibraltar mine, the record production and continued good exploration success at Imperial Metals' Mount Polley mine, the proposed mine development plans for Terrane Metals' Mt. Milligan deposit, and Serengeti's pending resource calculation for its Kwanika copper-gold deposit, provide encouragement for other explorers like us in the region."

T.G. Schroeter, P.Eng./P.Geo, who is the qualified person within the context of National Instrument 43-101, has read and takes responsibility for this news release.

About Fjordland Exploration Inc.

Fjordland Exploration Inc. is a mineral exploration company focused on the discovery of gold, copper and molybdenum deposits in British Columbia. Fjordland holds a 60% interest in the 48,000-hectare Woodjam copper-gold-molybdenum property in south-central British Columbia, and is operator of the project; Cariboo Rose Resources Ltd. holds the remaining 40% interest. Fjordland is also a partner in a 50%-50% joint venture with Serengeti Resources Inc. (TSX-V: SIR) on the QUEST project to explore 27 properties totalling approximately 144,000 hectares in the heart of British Columbia's Quesnel Terrane for precious and base metals. Shares of Fjordland Exploration Inc. trade on the TSX Venture Exchange under the symbol "FEX". For further information visit the Company's website at www.fjordlandex.com.

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The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.